

Workshops Saturday



When to prescribe prefabricated vs custom made orthoses

Dr Karl Landorf, Department of Podiatry, LaTrobe University, Victoria.



Latest taping techniques for the foot and ankle

Prof Bill Vicenzino, Chair of Sports Physiotherapy School of Health and Rehabilitation Sciences, The University of Queensland, Brisbane.



Throwing darts in the dark: assessing the paediatric foot and ankle

Ms Kristy Rose, Institute for Neuromuscular Research, The Children's Hospital, Westmead, Sydney.



Clinical diagnosis and functional rehabilitation of the ankle

Mr Matthew Stewart, SportsPhysio West, Parramatta, Sydney.

Abstract Submission

Emphasis will be on oral and poster presentations of original research, case studies and clinical commentaries along with selected plenary presentations. All abstracts will be peer-reviewed. Further details can be obtained from our website: www.fhs.usyd.edu.au/IAS4

**DEADLINE FOR ABSTRACT AND PAPER SUBMISSION IS
MARCH 14, 2009**

Registration & Fees

Registration type	Fee A\$ (GST inclusive)
Full registration	575
Early Bird (before 30th April)	495
Student	330
Day Rate	275

NB. Student rate is available to currently enrolled fulltime students. The enrollment must be in a tertiary academic programme.

The FULL, Early Bird and Student registration includes:

- * Delegate bag containing the programme and symposium abstracts.
- * Admission to all meeting sessions, poster sessions and exhibition.
- * Admission to all workshop sessions.
- * Lunch, morning and afternoon tea on each day.
- * One invitation to the cocktail welcome.

The DAY rate includes:

- * Delegate bag containing the programme and symposium abstracts.
- * Admission to all meeting, poster and workshop sessions on the day of registration.
- * Lunch, morning and afternoon tea on the day.

Continuing Education Points:

- * NSW Podiatrists will be awarded 10 CPPE points per day.

**REGISTRATION IS ONLY AVAILABLE ONLINE.
PLEASE VISIT www.fhs.usyd.edu.au/IAS4 TO REGISTER
EMAIL: ias4.secretariat@usyd.edu.au FOR FURTHER
INFORMATION**

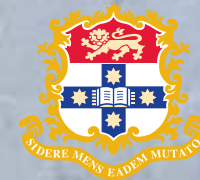


The 4th International Ankle Symposium Sydney 09

"New Dimensions on Old Problems"

Thursday 16th – Saturday 18th July 2009

www.fhs.usyd.edu.au/IAS4



The University of Sydney

Overview

The International Ankle Symposium is held every 2-3 years and attracts a multidisciplinary group of local and international researchers and clinicians. The objective of the 2009 symposium is to showcase the latest scientific research and clinical developments relating to the foot and ankle. The symposium is being organised by researchers at The University of Sydney, led by Professor Kathryn Refshauge.

Theme

The theme of the conference is New Dimensions on Old Problems. The three days will be themed; New Dimensions on Science, New Dimensions on Interventions and New Dimensions in the Clinic. Clinical practice will be the emphasis of the final two days, with a range of workshops on offer in addition to the invited speakers. The workshops will specifically target clinical management by physiotherapists, podiatrists, and athletic and sports trainers.

The symposium will be held at the Eastern Avenue Auditorium and Lecture Theatre Complex, a state-of-the-art conference centre at The University of Sydney.

Aims

The aims of the 4th International Ankle Symposium are to:

- * Provide a scholarly forum for the dissemination of research on ankle disorders from an international group of experts in the field.
- * Develop collaborative partnerships for multi-centre research projects and extramural funding.
- * Provide a forum for dissemination of latest developments in assessment and rehabilitation of ankle disorders by means of holding practical clinical workshop sessions.

Keynote & Invited Speakers

We have confirmed the following speakers who represent the broad nature of disciplines this conference covers:

Professor Uwe Proske (Keynote speaker)



Professor Proske has spent most of his career studying the properties of sense organs, and his work has centred on muscle sensors, the muscle spindles and tendon organs. This led to an interest in muscle mechanical properties and to the changes in muscle and its sensors after exercise. The work on eccentric exercise has provided specific proposals for mechanisms of muscle strain injuries.

His latest work is in the area of proprioception, specifically the sense of position and movement of the limbs in humans. The particular problem that he has addressed is the ability of muscle receptors to maintain fidelity of their proprioceptive signals during load bearing and after exercise.

He has authored 175 scientific papers, co-edited 3 books, and written 54 book chapters or reviews, and is currently on the Editorial Board of Muscle and Nerve, and Primary Sensory Neurone. During his career he has been awarded the College de France Medal, Paris, France (1982), the Silver Jubilee Prize for Excellence in Research, Monash University Faculty of Medicine (1992) and is a Member of the Order of Australia (OAM).

Dr Jay Hertel



Dr Hertel is an Associate Professor of Kinesiology and Physical Medicine & Rehabilitation at the University of Virginia, USA and a certified athletic trainer with over 15 years of clinical experience. He is a leader in the field of ankle instability and has been instrumental in the growth of the International Ankle Symposia over the last 10 years.

Dr Carrie Docherty



Dr Docherty is an Assistant Professor of Kinesiology at Indiana University, USA and a certified athletic trainer with 15 years of clinical experience. Her area of expertise is the assessment and prevention of ankle instability.

Dr Richard Smith



Dr Smith is an Associate Professor of Biomechanics at the University of Sydney.

His research investigates the biomechanics of foot and ankle function, including the effects of footwear and orthoses in both adults and children.

Dr Peter Lam



Dr Lam is an orthopaedic surgeon with the Sydney Orthopaedic Arthritis and Sports Medicine group. He has particular expertise in the management of sports related injuries of the foot and ankle including reconstruction of chronic ankle instability, arthroscopic surgery and reconstructive surgery for arthritis and tendon disorders of the foot and ankle.

Dr Jill Cook



Dr Cook is an Associate Professor in Musculoskeletal health in the School of Exercise and Nutrition Sciences, Deakin University in Australia. Jill's research areas include sports medicine and tendon injury. She has investigated tendon pathology, treatment options and risk factors for tendon injury.

Dr Josh Burns



Dr Burns is a NHMRC Australian Clinical Research Fellow at the Institute for Neuromuscular Research, The Children's Hospital at Westmead and Conjoint Senior Lecturer in the Discipline of Paediatrics and Child Health, Faculty of Medicine, The University of Sydney. Dr Burns is a podiatrist who has researched interventions for foot pain and disability.