

Dr Julie Redfern *BSc '94, BAppSc(PT) '98*

Professional Achievement

An Early Career Researcher: Dr Julie Redfern has an outstanding record of professional achievement. She is an innovative and accomplished researcher, dedicated to improving the effectiveness of interventions in the prevention of cardiovascular disease.

The high calibre of Julie's research and her productivity is exemplified by her prizes, awards and funding success. Since 2007, she has received 10 prizes, often at prestigious conferences and she has initiated several large grants that arose from her doctoral work. Julie has also been awarded a nationally competitive NHMRC NICS Fellowship and several scholarships.

Julie has ensured wide dissemination of her research. She has published 14 full manuscripts, several in high ranking international journals for heart disease. The CHOICE program Julie developed has had significant impact on clinical practise, and received national media coverage. For example, her novel treatment program featured in newspapers, national medical newsletters and community publications. Importantly, Julies program results in a significant reduction in heart disease risk and modelling her data with secondary prevention trials shows participation in CHOICE achieves a double digit reduction in future heart attacks.

An Inspirational Leader: Julie's research program provides an exciting opportunity that attracts future students. She is an inspirational mentor and role model to her academic colleagues, health professionals and students.

A committed community volunteer: Julie is involved with many community organisations. A speaker at public events including Legacy, Probus and Heart Foundation Donor meetings, Julie was also an Olympic and para-olympic games volunteer.